


ALLERGEN GUIDE

	GLIADIN (GLUTEN)	CASEIN (DAIRY)	CRUSTACEA	PEANUT	ALMOND	EGG	HAZELNUT	WALNUT	BRAZIL NUT	CASHEW / PISTACHIO	SOY	PEA (LUPINE)	MUSTARD	SESAME
CHICKEN		●												
BEEF GYRO	●													
FALAFEL											●		●	
RICE														
PITA	●										●			●
LETTUCE														
TOMATOES														
WHITE SAUCE						●					●			
HOT SAUCE														
BBQ SAUCE											●		●	
HUMMUS														●
BABA GHANOUSH														●
TAHINI											●			●
FRENCH FRIES	●	●									●			
BAKLAVA	●	●				●		●	●	●				●
BAKLAVA CHEESE CAKE	●	●		●		●		●	●	●	●			
COOKIES	●	●				●		●		●				
OLIVES														
JALAPENOS														
ONIONS														
GREEN PEPPERS														
FRYING OIL											●			

*Individual foods may come into contact with one another during preparation, which is not reflected on this chart.
*For general information on food allergens, visit the Food Allergy Research & Education website at <http://www.foodallergy.org>.